

a lenten devotional



Reflect | Mark 7:24–30

- Share or journal on one key item from today's message that really struck you. Why did that specific aspect of the message effect you the way it did?
- 2. How do you typically respond to interruptions, especially when you want to be alone?
- 3. When Matthew shares this story (15:21–28), we are told Jesus did not answer a word to the woman. Why do you think that was?
- 4. How hard would it be for you to see interruptions as opportunities for God to work through you or in you?
- 5. Have you ever been frustrated by God's seeming lack of response to your prayers? How have you handled that disappointment?
- 6. Why was Jesus impressed with the woman? What would Jesus say about your persistence with Him?
- 7. What of the woman's way of being can we apply to our own prayer practice?



Respond | This week, pray this breath prayer whenever you perceive you are being interrupted.

Breathe In | In the interruption....

Breathe Out | May I love like You

Remember Lent | Audio Devotional

Week 4 | Loving Like Jesus Through Messy Interruptions





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